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| A logo with a star and a cloud  Description automatically generated | **Summer Sorted!**  **SATURDAY 8th February 9.45 a.m. – 4p.m.**  **Helena Romans School, Parsonage Downs, Great Dunmow, Essex CM6 2AU**  **9.45am registration, 10am All together welcome** | **A yellow sun with a smiling face  Description automatically generated** |

Payment: - £5.00 per person. This is a legitimate Unit expense.

Sessions: - there will be 4 sessions of 60 mins. Please tick your choice for each of these.

Only ONE person to apply on each form, but you may include more than one payment in the cheque/BACS transfer. Please copy this form for unit Helpers and Young Leaders, if they do not receive their own form

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| **Module 1 First response Face to Face 2hrs** | | **1** | **2** |  |
| A 1 | Session 1 – 10.30am – 12.30pm |  |  |  |
| A 2 | Session 2 – 1.30 - 3.30pm |  |  |  |

Please tick your choice of session

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| **Session 1 10.30 – 11.30 a.m.** | | **1** | **2** | **3** |
| B1 | Risk Assessments |  |  |  |
| B 2 | Cooking for Girls |  |  |  |
| B 3 | UMA/SB |  |  |  |

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| **Session 2 12noon – 1pm** | | **1** | **2** | **3** |
| C 1 | Risk Assessments |  |  |  |
| C 2 | Cooking for Girls |  |  |  |
| C 3 | UMA/SB |  |  |  |

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| **Session 3 2pm – 3pm** | | **1** | **2** | **3** |
| D 1 | Budgeting |  |  |  |
| D 2 | Wide games |  |  |  |
| D 3 | Have a go! |  |  |  |

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| **Session 4 3pm - 4pm** | | **1** | **2** | **3** |
| E 1 | Budgeting |  |  |  |
| E 2 | Wide Games |  |  |  |
| E 3 | Have a go! |  |  |  |

Refreshments - drinks available on arrival, mid-morning and lunch time. Please bring your own packed lunch.

Full Name: ………………………………………… Membership Number: ……….……….

Telephone No: ………………………………… Email: …………………………………………………

Unit: …………………………………………… Division: ………………………………………….

Food allergies – please let us know for the pastries provided at mid-morning. ………………...

Mobility – please let us know if you have any mobility requirements. ………………………………………..

**PLEASE RETURN COMPLETED FORM TO:**

Girlguiding Essex West, Suite T4, Bates Business Centre, Church Road, Harold Wood, Romford. RM3 0JF,

or email [office@girlguidingessexwest.org.uk](mailto:office@girlguidingessexwest.org.uk)

Payment may be made by BACS – sort code 20:12:21 Acc. 80902551 – reference: Training/Surname, but we do still need the application form. Cheques payable to GUIDE ASSOCIATION ESSEX WEST

Remember all Girlguiding cheques must have TWO signatories. This fee is non-refundable.

All applications need to be received by 31st January 2025. Late entries will not be accepted.